***Let’s Talk w/ Allie: My 35x35 List***

By: Almetrice Shavers January 8th, 2024

Hello beautiful people, it has been so long since I have written and posted for the blog. When I say these last few months have been a definite world wind. What’s the saying life just be lifing! A few changes and new transitions have taken place but I am so grateful and blessed to still be here and present in life. So I'm sure from the title you may be a little confused. Well this is about 35 goals I want to achieve by my 35th birthday. I wrote this after I turned 33 in August 2023. I thought this would be a good topic and even a good practice for some of yall to do. I can’t take the credit for this idea though. I listened to Balance Black Girl podcast and the host Les had this as one of her episodes. After listening to the full episode I was so intrigued by it. I will link the website and try to link the episode at the end of this blog. So I decided to do it and let me tell you it was not as easy as you would think. It took me a day or two on and off, but I got it completed. You really have to think hard especially if you don’t just want any regular goals. I wanted attainable goals but some things that would take me out of my comfort zone and I have to really put effort in. Now of course I asked myself what if I don’t accomplish these in 2 years. I simply said give myself grace and put myself on the next list. Even if not completed by 35 life still goes on and as long as I'm breathing there will always be goals to work toward. So if not now it’s okay just don’t give up. I may have to revamp it but not give up. So here is my list:

1. Growing closer to God
2. Praying and meditating daily
3. Continuing with therapy
4. Solo date monthly
5. Being more vocal and verbal w/ my feelings
6. Embracing my single season and learning to love myself
7. Losing 50 pounds
8. Credit card debt paid off
9. Car note paid off
10. Financially aware of spending
11. More financially responsible
12. Getting passport
13. More successful w/ portion control and meal prepping
14. Solo vacation
15. Family vacation w/ JaNae
16. Apartment fully furnished and decorated
17. Blog successful and making money
18. Self vlog started
19. Vlog w/ JaNae started
20. Being more plant based in diet
21. Cutting dairy from diet
22. Cutting chicken, beef, pork and turkey from diet
23. Girl vacation
24. Going back to El Paso
25. Going to Austin to visit Michael (brother)
26. Getting concealed gun license
27. Finalizing divorce
28. Attending a women’s conference
29. Emergency Savings- $5000
30. JaNae Savings- $3000
31. Short term savings- $2500
32. Career development plan created for work
33. Promotion to WPS team, supervisor or PC team with ARTC
34. Work on getting vending machine and LLC
35. Making memories w/ JaNae

This is my list and I know this is personal, but I don’t mind sharing. You just never know who needs to hear your story because they may be dealing with the same things. If you have goals similar to mine, let’s tackle them together. Your goals are simple that YOURS, and can be anything you want them to be. Like I said, as long as they are attainable and realistic for you. So on my 35th birthday on August 9, 2025, I will sit down and go over the list and prayerfully be crossing things off. I look forward to hearing about others creating their list and sticking with it. Leave me comments telling me about your experience writing your list and even a few goals if you want to share. I love you guys and thank you for reading along. Like I always say, just know you deserve God’s peace and love.

Here is the website for Balance Black Girl

[www.balancedblackgirl.com](http://www.balancedblackgirl.com)

Episode playback